Patient Name: Sample Report
DOB: 07/01/2020
Sample ID #: 20250413100-1
Phone #: 678-971-5256
E-Mail: support@infiniteallergylabs.com
Collection Date: 02/01/2025
Report Date: 02/05/2025
Received Date: 02/02/2025

INFINITE ALLERGY LABS

Healthcare Provider:Dr. Infinite
Clinic:Infinite Allergy Labs
Address: 5555 Oakbrook Pkwy
Norcross GA 30093
Phone: 678-971-5256
Medical Lab Director:
Jennifer Knaack, Ph.D., TC (NRCC)

Serum

		ALLERGY		SENSITIVITY				
Group	Allergens	IgE Results (U/mL)	IgE Low Range (U/mL)	IgG4 Results (U/mL)	IgG4 Low Range (U/mL)	IgG Results (U/mL)	IgG Low Range (U/mL)	C3 b/d Results
Beans,Legumes, Nuts,Seeds	Almond	2.40	=1.00	1.98	=1.00	3.03	=1.50	Not Detected
	Bean, Common Mix	21.55	=5.00	3.55	=1.00	10.77	=9.00	Not Detected
	Brazil Nut	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Cashew	<1.00	=1.00	<1.00	=1.00	3.23	=2.00	Not Detected
	Cottonseed	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Flax	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Hazelnut	<1.00	=1.00	<1.00	=1.00	1.04	=2.00	Not Detected
	Mustard Seed	3.42	=1.00	<1.00	=1.00	5.95	=2.00	Not Detected
	Pea, Green	<1.00	=1.00	<1.00	=1.00	2.69	=1.50	Not Detected
	Peanut	<1.00	=1.00	<1.00	=1.00	1.04	=2.00	Not Detected
	Pecan	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Pistachio	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Sesame Seed	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Soybean	<1.00	=1.00	<1.00	=1.00	1.24	=1.50	Not Detected
	Walnut, English	1.83	=1.00	2.23	=1.00	7.28	=6.00	Detected
Dairy,Meat, Poultry	Beef	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Casein	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Chicken	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Egg White, Chicken	33.55	=30.00	9.29	=4.50	14.65	=15.00	Not Detected
	Egg Yolk, Chicken	1.96	=7.50	2.33	=3.00	3.71	=15.00	Not Detected
	Lamb	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Milk, Cow	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Milk, Goat	<1.00	=1.00	<1.00	=1.00	1.58	=2.00	Not Detected
	Pork	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Turkey	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
Fish,Shellfish	Fish, Mackerel	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Fish, Salmon	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Shellfish Mix	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Fish, Tuna	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Fish, Whitefish Mix	1.02	=1.00	1.10	=1.00	1.56	=2.00	Not Detected
Fruits, Vegetables	Apple	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Apricot	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Asparagus	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected

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CLIA License #: 11D2142105 COLA Accredited

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Fruits, Vegetables	Avocado	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Banana	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Blueberry	<1.00	=1.00	<1.00	=1.00	<1.00	=2.00	Not Detected
	Broccoli	<1.00	=1.00	<1.00	=1.00	<1.00	=2.00	Not Detected
	Cabbage	<1.00	=1.00	<1.00	=1.00	1.22	=2.00	Not Detected
	Cantaloupe	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Carrot	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Cauliflower	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Celery	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Cherry	<1.00	=1.00	<1.00	=1.00	1.08	=1.50	Not Detected
	Coconut	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Corn, Sweet	<1.00	=1.00	<1.00	=1.00	1.10	=3.00	Not Detected
	Cranberry	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Cucumber	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Grape, White	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Grapefruit	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Lemon	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Lettuce	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Olive, Green	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Onion	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Orange	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Peach	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Pear	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Pepper, Green Bell	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Pineapple	<1.00	=1.00	<1.00	=1.00	1.52	=3.00	Not Detected
	Potato, Sweet	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Potato, White	<1.00	=1.00	<1.00	=1.00	1.36	=1.50	Not Detected
	Raspberry	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Spinach	<1.00	=1.00	<1.00	=1.00	<1.00	=2.00	Not Detected
	Squash Mix	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Strawberry	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Tomato	<1.00	=1.00	<1.00	=1.00	<1.00	=2.00	Not Detected
	Watermelon	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected

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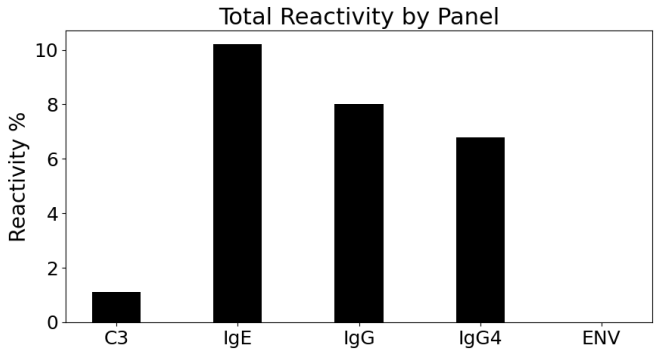
Grains	Barley	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Buckwheat	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Gluten	<1.00	=3.50	<1.00	=1.00	1.58	=14.00	Not Detected
	Malt	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Oats	2.44	=1.00	<1.00	=1.00	2.24	=1.50	Not Detected
	Rice	<1.00	=1.00	<1.00	=1.00	<1.00	=2.50	Not Detected
	Rye	<1.00	=1.00	<1.00	=1.00	<1.00	=2.50	Not Detected
	Wheat, Whole Grain	<1.00	=1.00	<1.00	=1.00	1.12	=1.50	Not Detected
Herbs,Spices, Beverages	Cinnamon	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Cocoa Bean	<1.00	=1.00	<1.00	=1.00	1.20	=2.00	Not Detected
	Coffee	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Garlic	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Ginger	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Hops	<1.00	=1.00	<1.00	=1.00	1.06	=1.50	Not Detected
	Nutmeg	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Pepper, Black	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Tea, Black	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Vanilla	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
Mold,Fungi	Aspergillus Mix	1.45	=1.00	<1.00	=1.00	<1.00	=2.50	Not Detected
	Candida	3.93	=1.00	1.16	=1.00	7.04	=14.00	Not Detected
	Mushroom	<1.00	=1.00	<1.00	=1.00	<1.00	=1.50	Not Detected
	Yeast	<1.00	=1.00	<1.00	=1.00	1.38	=4.50	Not Detected

Mixes:

* Aspergillus Mix: Aspergillus flavus, Aspergillus fumigatus, Aspergillus nidulans, Aspergilus niger
* Bean, Common Mix: Kidney Bean, Navy Bean, String Bean
* Fish, Whitefish Mix: Cod, Flounder, Halibut
* Gluten (Gliadin): Alpha-Gliadin, Gamma-Gliadin, Omega-Gliadin
* Shellfish Mix: Crab, Lobster, Oyster, Shrimp, Scallop
* Squash Mix: Yellow Squash, Zucchini Squash



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Glossary

The Comprehensive Food Allergy and Sensitivity Test is designed to show how ingested foods/beverages could be causing a response within your immune system.

IgE (Immunogloblin E) are antibodies the body produces in response to an allergic reaction to foods and/or beverages that occur within a few minutes to hours of ingesting the triggering food and/or beverage (allergen). Elevated IgE levels in the blood can be a sign that a patient's body is reacting to an allergen, present in the body also known as "allergic reaction" that generates more serious symptoms. The response also stimulates the release of histamines in the body. Some key symptoms of IgE mediated response include: Itching, sneezing, hives, coughing, difficulty breathing and even anaphylaxis in extreme cases.

IgG (Immunoglobin G) is the antibody response that causes food sensitivites with a delayed reaction of 3-72 hours. These sensitivities can improve and may be less severe than IgE reactions. IgG signifies intolerance to a certain food type and the allergy. High IgG antibodies for given foods suggest that it may be causing the symptoms. Symptoms of IgG-mediated food intolerance can be general or specific and may show up many hours or up to 3 days after consumption of a "trigger food" , making the culprits extremely difficult to identify without testing. In general, you may feel fatigued and easily exhausted despite eating all the right "healthy" foods, or you may even suffer from Chronic Fatigue Syndrome which can lead to depressive symptoms. Conditions associated with IgG food sensitivities include: irritable bowel syndrome (IBS), major depressive disorder, migraines, skin rashes such as eczema, joint aches, autoimmune disease, Chrohn's disease, obesity, etc.

IgG4 (Immunoglobin G subclass) food antibodies are the complement to the IgE antibody response. They are produced in a delayed hypersensitivity reaction, which can occur days after exposure to certain foods. IgG4 acts as a blocking antibody to the allergy producing IgE antibody. IgG4 blocks an allergic response which helps to build a tolerance to ingested food causing an allergic reaction. Although IgG4 blocks an allergic response, when high it can also cause an inflammatory response in the body due to an overproduction of histamines.

Complement components C3b and C3d are the complement proteins that bind to IgG antibodies. The Infinite C3b/d Food Sensitivity Panel measures these proteins as they are known to increase the IgG sensitivity reactions augmenting symptoms and inflammation. When C3b/d complement component proteins are detected in response to an allergen, especially in conjunction with detection of IgG antibodies to the same food, it is suggested to eliminate that food to aid in ameliorating symptoms, as IgG with C3b/d are responsible for the most aggressive symptoms.

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The Comprehensive Food Allergy and Sensitivity Test will determine which foods stimulate the immune system to elicit a response. The summary of foods to eliminate are listed below.

Patients are advised to check with their physician prior to initiating any diet changes. These recommendations are based only on these test results. These suggestions do not take into consideration any other conditions a patient may have that would require additional dietary restrictions.

Dietary Guidelines

Patients with symptoms are advised to remove all high and moderate reactions from their diet

Eliminate highly reactive foods, (Severe allergy/sensitivity)
Bean, Common Mix
Candida
Walnut, English

Eliminate moderately reactive foods, (Moderate allergy/sensitivity)
Almond
Aspergillus Mix
Cashew
Egg White, Chicken
Fish, Whitefish Mix
Mustard Seed
Oats
Pea, Green

Edible foods, (Little to no allergy/sensitivity)

Apple	Cabbage	Coffee	Ginger	Milk, Goat	Pepper, Green Bell	Soybean
Apricot	Cantaloupe	Corn, Sweet	Gluten	Mushroom	Pineapple	Spinach
Asparagus	Carrot	Cottonseed	Grape, White	Nutmeg	Pistachio	Squash Mix
Avocado	Casein	Cranberry	Grapefruit	Olive, Green	Pork	Strawberry
Banana	Cauliflower	Cucumber	Hazelnut	Onion	Potato, Sweet	Tea, Black
Barley	Celery	Egg Yolk, Chicken	Hops	Orange	Potato, White	Tomato
Beef	Cherry	Fish, Mackerel	Lamb	Peach	Raspberry	Turkey
Blueberry	Chicken	Fish, Salmon	Lemon	Peanut	Rice	Vanilla
Brazil Nut	Cinnamon	Fish, Tuna	Lettuce	Pear	Rye	Watermelon
Broccoli	Cocoa Bean	Flax	Malt	Pecan	Sesame Seed	Wheat, Whole Grain
Buckwheat	Coconut	Garlic	Milk, Cow	Pepper, Black	Shellfish Mix	Yeast

Remarks:

It is recommended to repeat the test for the following marked reasons(s):

[ ] Lab Test not performed due to the specimen quantity not sufficient (QNS) as required for the test or testing panel
[ ] Some test markers have not been completed for testing due to the specimen quantity not sufficient (QNS)
[ ] This specimen was received and analyzed outside validated stability window. Results should be interpreted with caution.
[ ] Method of collection and Improper Handling & Shipment of specimen
[ ] Possible cross reactivity due to interfering substance presence in the specimen

Please feel free to call to discuss and arrange for repeat testing. (Phone: 404-821-2718)
Recollected specimen shall be shipped to Infinite Labs within 48-72 hours.

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